



Friday, 23rd October 2015



# ROKEBY RECORDER

## DARE TO BE THE BEST

### AS Level RE Visit to the Gurdwara

On the 1<sup>st</sup> October, nine students currently studying AS level R.E visited a Gurdwara in Gravesend, Kent. Together with Ms Shergill and Mr Simenas, we saw the breath-taking building. This amazing place of worship is surrounded by a close community brought together by their religious beliefs. The Gurdwara was a grand building nothing short of stunning, and left me and my fellow students in awe. The building's size wasn't its only remarkable feature, it is surrounded by a large football pitch, a day centre for the elderly and many other useful facilities all run by generous donations. Again, we got that feeling of a community inside of a community.



Once inside of the Gurdwara, it was like stepping into another world or rather a Sikh world, a magnificent world where worship and oneness collide. It was large but very simple as Sikhs believe it's about the teachings and not the actual place itself. We also met people Ms Shergill knew making the sense of togetherness even stronger and making me feel even more welcome. The thing that shocked me the most was the size of the Gurdwara, on top of the fact it was built on an old military barracks, it was a lot bigger than I expected. Before we entered, we had to wear a scarf to cover our hair and we had to remove our shoes, symbolising that we remove our social status as we go inside the Gurdwara and everyone is equal. We all did this willingly to show respect, resulting in some funny moments where students struggled to put them on correctly. I myself had to ask for Ms Shergill's help and so did a few of the others. Ms Shergill took us on a small tour; first we looked around and saw the langar (kitchen) then proceeded upstairs to wash our hands.

We then watched as Ms Shergill took us to one of the rooms which housed a Guru Granth Sahib and we watched on as she showed us what a Sikh would do; bowing before it, giving a donation and circling around it, all in respect. We also saw one of the rooms with prayers going on, the people sitting there in silence and meditating on the words echoing around the room. We spent a few minutes in there ourselves and I was taken by how everything and everyone was in this silent prayer, together. We were given a nice selection of food as well, sadly everyone but me finished as I couldn't take the spice, although apparently it wasn't that spicy! Many thanks to Ms Shergill, Mr Simenas and the Sangat at the Gurdwara for very memorable day and spiritual day.

Cameron Mak 11Y

## Recycling Award



We are very pleased to have received an award from Paper Round for our recycling. We recycled 2475kg of food saving 2240kg of CO<sub>2</sub>. Paper Round have donated 176 main meals to Fare Share on our behalf.

*Our Values: Respect, Success, Passion for Learning, Personal Challenge, Harmony*

**THOUGHT OF THE WEEK:** "Courage doesn't always roar. Sometimes courage is the little voice at the end of the day that says I'll try again tomorrow."

## Year 7 Have a Tough Start to the Season



The year 7 football team have had two really difficult football fixtures to kick off their season. First up were Southend High School in the Essex cup, whose team contained several academy players. After a torrid start where Rokeby conceded three quick goals the team settled and started to string their passes together. At 0-5 down by half-time they faced a tough second half, Mr Williams was doing his best trying to encourage the team to keep playing. In the second half Rokeby tightened up in defence and created a couple of chances to score for themselves but were denied by the Southend School's West Ham academy goalkeeper. The final score was 0-8 with the team having learned some hard lessons. In their next fixture Rokeby were away in the London

Cup to Mossbourne Academy. A new addition to the team Luc-Yoan Boni added some much needed enterprise up front which allowed Captain Reece Lukambo to play in a deeper role. Once again the opposition were stronger than Rokeby and playing their ninth game of the season. As half time arrived the team were 3-0 down but not disheartened and once again lifted by a rousing team talk from Mr Williams. In the second half we saw a much improved performance as Rokeby surged forward in search of their first ever goal. Reece made a strong challenge to win the ball and sent over a great pass to Jahzion Quammie on the wing. Jahzion beat the full back and sent in a perfect cross for the energetic Pablo Ortega to finish beautifully in the bottom corner of the goal. The game finished 4-1, Rokeby were pleased with their much improved performance.

Every Thursday Mr Salan will be running a Maths Club in room F2 between 3:00 and 4:00 for students who want to have fun, be exam ready and extend themselves through mathematics.  
We hope to see you there!



## Homework Club

Need some help with homework and coursework?  
All year groups welcome, come along to F27  
Tuesday, Wednesday & Thursday from  
2.50pm-4.10pm  
Friday from 2.50pm-3.30pm

### DATES FOR YOUR DIARY



**Monday  
2nd Nov**  
Return to school

**Monday 26th–  
Friday 30th Oct.**  
Half Term

**Wednesday  
4th Nov**  
P3 DEAR Time

### ATTENDANCE & PUNCTUALITY

**Did you know:**  
90% attendance = 1/2 day missed every week.  
90% attendance over one school year = 4 whole weeks of missed lessons!

#### How is YOUR tutor group doing?

Congratulations this week to:

Attendance  
**7B & 8B** 100%

Punctuality

**9B** 100%

### WORD OF THE WEEK

Once you've found the meaning and made a sentence, come and see me in the library for a merit

## Incentive

Ms Hendrickson