



Friday, 1st July 2016



ROKEBY RECORDER

DARE TO BE THE BEST



Health Awareness Campaign Week: # Impossible is possible!



Reigning staff lap of honour champion Mr Simenas holds onto his title, forcing Mr Williams to be satisfied with the silver medal.

Last week saw the celebration of the third annual Rokeby Health Awareness Week Campaign (aka HAWC). Students and staff reflected on their lifestyles and looked for ways to be more healthy. As ever, the week was a great success—the photos speak for themselves! Well done to all who took part!



Bilal's moment of glory as he floors Abdullah, the England wrestling champion for a full 2.5 seconds!



Sami and Muhammed toughing it out in the Y7 arm-wrestling



Aleksandras showing his muscle and forcing Mr Williams to be satisfied with the silver medal (again).



Student Councillors Nazih and Abir model their healthy eating costumes to Olympic Athlete Jeanette Kwakye.



Saifudin and Reece rustle up a healthy snack under the expert guidance of Ms Koomson



Staff wrestling contest ...

THOUGHT OF THE WEEK: *Fight stress - have more meals together.*

Rokeby 10 Eastlea 3

(Goalscorers - Harnak x 4, Mubarak x 2, Abdoulaye x 2, Mulamba & Boris)



On Tuesday 21st of June the Year 9 football team played a friendly game against Eastlea. It was a very commanding performance by the boys from the opening until the final whistle. The team was very well organised and disciplined with a very strong back 3 which included Mulamba, Deolindo and Ibrahim. The midfield moved the ball very quickly and was technically much better than the opposition on the day. Our strikers and in particular our 4-goal-hero Harnak were clinical in front of the goal, with any mistake by the opposition being punished immediately. The goal of the match was scored by our super substitute Mubarak who hit a volley from about 20 yards out into the top corner. Special mention must also go to a large number of year 8 & 9 students who stayed behind, cheered on the boys and created a fantastic atmosphere.

Mr Rados, Year 9 Team Coach.

Rokeby Parent Groups

Coffee mornings take place every Friday morning 9.30-11.00am. All parents are welcome to drop in. It's an opportunity to meet staff, ask questions, raise any concerns or to just simply have a cup of coffee and meet other parents.

Parent Council meets once a month. Our next meeting is on Friday, 15th July at 9.30am.

Parent groups:

Polish-speaking parents - Monday 11th July at 5.45pm.

Lithuanian-speaking parents - Monday 11th July at 5.45pm.

Urdu-speaking parents - Friday, 15th July at 11am

Portuguese-speaking parents - Monday 18th July at 5.45pm.

Parent information sessions:

Monday 11th July 9.30am - Extended learning during the holidays.

Wednesday 13th July - Drug awareness

DATES FOR YOUR DIARY



**Fri, 1st July to Fri,
8th July**

Year 10 exams

Tues, 12th July
Sports Day

Friday 15th July
Rokeby's 50th
Birthday Celebration

ATTENDANCE & PUNCTUALITY

Did you know:

90% attendance = 1/2
day missed every
week.

90% attendance over
one school year = 4
whole weeks of
missed lessons!

How is YOUR tutor group doing?

Congratulations this
week go to:

7Y with the best
attendance at 99.5%
&

8Y with the best
punctuality at **99.5%**

WORD OF THE WEEK

This week our word of
the week is

Individualism

Can you find the
meaning of this word
and make a sentence?
Once you have, come
to the library and see
Ms Hendrickson for a
merit.

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