



Friday, 10th June 2016



# ROKEBY RECORDER

DARE TO BE THE BEST

## Year 7 Active Newham



Year 7 students were given the opportunity to try out new sports including: Judo, Boxing, Futsal, Handball and Ultimate Frisbee. Coaches from local sports clubs came to Rokeby to deliver a mix of skill-based sessions and competitive games. Our students thoroughly enjoyed the experience, even in the challenging weather conditions. Many thanks to Active Newham for providing the coaches for the day.



## Freestyle Football Skills Course

Jamie Knight visited school last week to give a master class demonstration of his freestyle footballing skills and talk to a group of the school's footballers. Jamie who came third in the UK Freestyle Championships last year has travelled the world showcasing his talent. He has performed in front of large crowds at Wembley and Manchester City's Etihad stadium. During the talk he explained the history of freestyle and the many different types that exist around the world. Jamie told the group he was never much of a footballer when younger and preferred swimming, but he liked doing keepy-uppies in his back garden. Over time he got better and started including tricks into his routines and has never looked back since. On the practical side Jamie treated the boys to a demonstration of his vast range of different skills whilst the group looked on in astonishment. He then went on to coach the boys and encourage them to devise their own new moves. Each of the boys were presented with a specially designed ball called the Mamba that is made to improve the skills of young players.



*Our Values: Respect, Success, Passion for Learning, Personal Challenge, Harmony*

# THOUGHT OF THE WEEK: What does it mean when they say "he left a legacy"

## #Impossible is Possible



### Health Awareness Week Campaign (HAWC)

Monday 20th June - Saturday 25th June 2016

Days	Try something new <b>student</b> events 2.45pm – 3.45pm	Try something new <b>staff</b> events 3.20pm - 4.30pm onwards
Monday 20 <sup>th</sup> June 2016	Dizzy Penalties with TW1 Skateboarding Club with AS1	Lap of honour in the playground with WF
Tuesday 21 <sup>st</sup> June 2016	Crossbar Challenge & power shots with TW1 Stop Smoking workshop with DW Basketball with AS1	Wrestling tournament with WF
Wednesday 22 <sup>nd</sup> June 2016	'You are what you eat' with RK Sexual Health workshop with DW & SHINE	Arm Wrestling with IS
Thursday 23 <sup>rd</sup> June 2016	Basketball challenge with AS1 'Come Dine with Me' with RK	Yoga with Simon in the Drama Studio (4.45pm)
Friday 24 <sup>th</sup> June 2016	Fight for Peace (GS)	Staff V Students Table Tennis (AW) Staff Football (FA)
	9.00am – 1.00pm for students	11.00am – 1.00pm Community Activities
Saturday 25 <sup>th</sup> June 2016	Futsal coaching & tournament (MP) Table Tennis Football (AS1)	Futsal Coaching & tournament (MP) Table Tennis Football (AS1)

#### DATES FOR YOUR DIARY



**Tuesday 14th June**  
Y8 Active Newham

**Wednesday 15th June**  
Y9 Active Newham  
& Staff twilight

**Friday 17th June**  
Non-uniform day

#### ATTENDANCE & PUNCTUALITY

**Did you know:**  
90% attendance = 1/2 day missed every week.  
90% attendance over one school year = 4 whole weeks of missed lessons!

#### How is YOUR tutor group doing?

Congratulations this week to:

**9B** with 98.1% Attendance.

**7B** with 99.3% Punctuality.

#### WORD OF THE WEEK

### Morality

Once you've found the meaning and made a sentence, come and see me in the library for a merit.

Ms. Hendrickson

## Non Uniform Day

Friday 17<sup>th</sup> June 2016

# NSPCC



**Cruelty to children must stop. FULL STOP.**

**Rokeby School contact details:** Barking Road, London E16 4DD; **School reception office hours:** 8am - 4.30pm;  
Tel: 020 7540 5620 email: info@rokeby.newham.sch.uk; **website:** http://www.rokeby.newham.sch.uk